

Adult Day Care Center of Las Vegas
901 N. Jones Boulevard
Las Vegas, NV 89108
702.648.3425
Fax: 702.825.2506



Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
702.368.2273
Fax: 702.243.2273



Happy Spring

MONTHLY NEWSLETTER

APRIL 2018

We welcome Spring with open arms here at The Adult Day Care Center of Las Vegas (ADCCLV). April is National Humor, Happiness, and Poetry Month. At our Center we know spring is the time for laughter. Laughter is good medicine for the heart, mind, body and soul. If you have any jokes or poems you'd like to share, we would love to hear them. Our Las Vegas Center responds to the important mission of supporting senior citizens and adults of all ages in their efforts to remain independent, with dignity in the community. Our Center will continue to offer the contemporary fun activities that our participants enjoy, including: A daily exercise program, Tai Chi, Music Appreciation, Creative Dance, Organic Gardening, Laughing Yoga, Sign Language, Bingo Competitions, Arts & Crafts and live entertainment every afternoon. Please join us as we embrace the power of laughter and celebrate the month of APRIL.

WWW.ADLTDAYCARELV.ORG

MONDAY – FRIDAY 6:30AM – 6:30PM / SATURDAY & SUNDAY 8AM – 6PM

HIGHLIGHTS FROM MARCH



March was simply marvelous with our St. Patrick's Day Bash. Bob Katz truly entertained us with her jazzy mad-cap-jokes and musical delights. Our seniors designed and made green recycled abstract necklaces using discarded pasta and paper towel rolls. Every senior went home with an absolutely creative handmade gift for St. Patrick's Day. We would like to give a **BIG THANK YOU**, to our Kitchen staff for a delicious spring holiday feast. Our Creative Dance classes with Margaret Rampey of Cirque du Soleil have had everyone moving and grooving; it's an awesome sight to behold. Caregivers are always invited to join the fun festivities. We would also like to **THANK!** Our unsung Hero's our Aides, Nurses and Social workers and Client Services Reps for their tireless work.

NEW ARRIVALS

We are pleased to welcome the new participants who became a part of our Center family in March: Willie C., Tabitha A. and Michael P.

CLOSURE

There are no closures in the month of April.

GET PLUGGED IN!

There's a computer *lab* here at our Center. It is located in our Quiet Room by the arts & crafts department and the software satisfies all of your needs with its vast technology.

DID YOU KNOW?

Laughter strengthens the body's ability to fight disease, Laughter can lower blood pressure. Laughter helps us bond with others. The average adult laughs as little as 3 times a day, while children laugh hundreds. This is one of the factors that show's "laughter is the best medicine"—as it improves disposition and reduces stress.



EVENTS IN APRIL

Saturday's and Sundays Are Special! Try not to miss our fun activities on **Saturdays** and **Sundays**. Join us for Cool Tai Chi on Mondays and Saturdays at 10:00am, Creative Brain Dance on Tuesdays and Fridays at 10:00am, and Sign Language every Thursday at 10:00am. Caregivers are invited. For the Love of Food. **Please don't forget to submit your recipes! See attached flyer for details.** Be on the look-out for some special surprise events throughout the month. If these are not your regularly scheduled days; we would still love to see you here. Please take time to speak with our Client Services Representatives so they can help you attend our center for more days.

GETTING SCENT-IMENTAL

A new aromatherapy scent, Pomegranate, a scent highly sought after by the ancient Egyptians, will be the aromatic of choice as we continue with our new aromatherapy series.

COOL TOOLS!

Steady As You Go! Around the home... Always wear nonslip & stable shoes...Keep clutter to a minimum...Arrange furniture so there's a clear pathway...Remove throw rugs or small area rugs...On the stairs, fix loose or uneven steps...In the bathroom, use a nonslip mat on the tub or shower floor... Keep a flashlight or night lights next to your bed that provide clear vision...Exercise regularly to improve strength...Have your vision checked at least once a year...See your doctor if you're having trouble with balance or dizziness...Keep a cellphone or medical alert device with you so you can always get help.



POETRY MONTH

April is poetry month which we will celebrate all month. We will begin the month with a poem, quote by

Walt Disney

Titled:

Laughter

Laughter is Timeless, Imagination has no age, and
Dreams are forever.

DON'T FORGET! YOU CAN STILL PURCHASE ARTWORK
FROM OUR TALENTED SENIORS. ALL PROCEEDS WILL,
AS ALWAYS, BENEFITS THE ARTS AND CRAFTS
DEPARTMENT. BE A PROUD OWNER OF ONE-OF-A-
KIND ART MASTERPIECE. **YOU CAN STILL PURCHASE
OUR SENIOR ART CALENDAR NOW ON SALE FOR ONLY
\$5, THEY ARE BEAUTIFUL.**

HAPPY BIRTHDAY

Our birthday party will be held on the 4th Wednesday of the month, April 25th, 2018. Our April celebrants are: Tabitha C. (4/3), Marcelina M. (4/6), Martez E. (4/8), Brent P. (4/10), David G. (4/12), Samuel W. (4/14) and Tabitha A. (4/24). Entertainment will be provided and birthday treats will be served as well.

SUPPORT GROUP

Our ongoing support group meetings are held on the 1st and 3rd Wednesday of the month at 10:00 AM. April 4th and the 18th and everyone, as always, is welcome to attend!



CAREGIVERS

(Life as a Caregiver) There is no perfect way to care for an elderly parent or loved one, except with the most love and patience you are able to muster on that particular day.

Author unknown

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THANK YOU!

On behalf of our entire family of caring professionals here at The Adult Day Care Center of Las Vegas, we would like to thank you for being an important and appreciated part of our Center. We are continually striving to make our Center a place of caring and fun for all our participants. Always remember, our doors are open to you and your family members' needs. Thank you for choosing us!

Dee Dee Woodberry

Dee Dee Woodberry

Activities Director



MESSAGES FROM STAFF...

NURSING SUGGESTIONS....

Please remember to update us with a new physical once a year or when something changes with your loved one. Remember it's very important to stay hydrated as the warm weather approaches, drink lots of water and encourage your loved one to drink plenty of fluids too.



*Nurse Laurie, Nurse Shauna,
Nurse Janice & Nurse Ofelia*

Taking care from your Aides....

Reminder:

Please label all clothes so we can make sure they go home with the right person. Also, please send your loved one in with closed-toed-shoes.

*Thank You
From all our Aides*



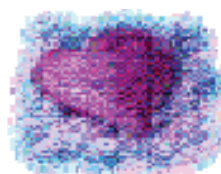
Caring words from our Social Workers....

As your social workers of ADCC of LV, We are here to share, care and give support to our participant's and their care partner's.

**Marcy Cherek, LSW, MSW
& Nora Kraidman MS, GCM**

Special Note.....

Please keep an eye out for paper flyer notices. We are making every attempt to keep everyone informed on all the exciting events going on at our Center. We Dare To Care!!! We look forward to spending time with all of our participants'.



Marisela, Brittney & Marissa

LUNCH MENU

ADULT DAY CARE CENTER OF LAS VEGAS

APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1) Beef Veggie Soup Chicken Strips Wild Rice Zucchini Salad Sliced Pears <i>April Fool's Cookies</i>	2) Split Pea Soup Hot Sloppy Joe w/ Cheese Sandwich on Wheat Bun Baked Potato Fries Zucchini Sliced Pears	3) Green Salad Baked Fish Potato Casserole Broccoli Apple Crumble	4) Turkey Veggie Soup Chicken Strips Jasmine Rice Green Salad Apricots w/ Cream	5) Turkey Veggie Chowder Fish Filet Sandwich Sweet potatoes Cole Slaw Strawberries w/ Cream	6) Spinach Salad Roasted Turkey Stuffing w/ Gravy Green Beans Strawberries & Cream <i>*Spring Lunch*</i>	7) Veggie Soup Fish Filet w/ Lettuce & Tomato Baked Tater Tots Pineapple Slices
8) Cream of Veggies Soup Taco Salad w/ meat, cheese, lettuce & tomatoes Cinnamon Yogurt w/ Granola	9) Cream of Broccoli Soup Grilled Turkey & Cheese Sandwich Baked Chips Cantaloupe	10) Veggie Soup Grilled BBQ Chicken Coleslaw Beans Cinnamon Apples <i>*Spring Carrot Cake*</i>	11) Cucumber Salad Meatloaf Steamed Rice Green Beans Sliced Pears	12) Gazpacho Soup Hamburger w/ Cheese, Lettuce & Tomato Multi grain Chips Orange Slices	13) Cream of Veggie Soup Turkey Wraps w/ Lettuce & Tomatoes 3 Bean Salad Zucchini Fries Apricots	14) Veggie Soup Green Salad Chicken Quesadilla Spanish Rice Black Beans Pineapple Slices
15) Spinach Soup Chicken Filet Sandwich w/ Lettuce & Tomato Corn chips Apple Slices	16) Green Salad w/ Tomato Baked Chicken Sweet Potatoes Broccoli Sliced Apples <i>*Fruit Smoothie*</i>	17) Beef Veggie Soup Chicken Salad Sandwich w/ Lettuce & Tomatoes Multi Grain Chips Sliced Nectarines	18) Cream Tomato Soup Grilled Turkey & Cheese Zucchini Fries Honey Dew Melon	19) Broccoli Soup Tuna Salad on a Bed of Lettuce, Tomatoes & Cucumbers Yogurt w/ Fruit <i>*Oatmeal Cookie Day*</i>	20) Spinach Salad Roasted Turkey Stuffing w/ Gravy Green Beans Strawberries & Cream	21) Chile Bean Soup Chef Salad w/ boiled eggs, cheese, turkey, bacon, and cucumbers Orange Slices
22) Tomato Soup Grilled Turkey & Cheese Sandwich on Wheat Bread 3 Bean Salad Cantaloupe	23) Veggie Tortilla Soup Taco Salad w/ Meat, cheese, lettuce & tomato Sliced Apples	24) Spinach Salad Baked Orange Chicken Egg Noodles Cauliflower Sliced Pears	25) Veggie Soup Green Salad Tuna Melt on Rye Multi Grain chips Orange Slices <i>*BIRTHDAY CAKE*</i>	26) Green Salad Baked Fish Potatoes Creamed Spinach Cantaloupe	27) 3 Bean Soup Chicken, Turkey, Bacon Club w/ Lettuce & Tomato Potato Fries Yogurt w/ Granola	28) Turkey Veggie Soup Cheese Pizza Green Salad Orange Slices
29) Asian Green Salad Sweet & Sour Chicken on Rice Stir Fry Vegetables Navel Oranges	30) Split Pea Soup Hot Sloppy Joe w/ Cheese Sandwich on Wheat Bun Corn Chips Zucchini Sliced Pears					

*Milk is offered at Breakfast and Lunch.

ADULT DAY CARE CENTER OF LAS VEGAS

APRIL 2018
SATURDAY

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

MONDAY

SUNDAY

<p>1) 9:00 Current Events 9:30 Zumbia 12:00 ARTS & CRAFTS 1:30 APRIL FOOLS 3:00 BINGO</p>	<p>2) 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 MADENT. 3:00 SPECIAL BINGO</p>	<p>3) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 BARBARA LANCASTER 3:00 BINGO</p>	<p>4) 9:00 Current Events 9:30 Exercise 10:00 A&C 12:30 Trivia 1:30 NANCY BUCKNER 3:00 BINGO</p>	<p>5) 9:00 Current Events 9:30 Exercise 10:00 SIGN LANGUAGE W/ BETTY/ A&C 12:30 Trivia 1:30 EDMOND GEARHART 3:00 BINGO</p>	<p>6) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 ARTS & CRAFTS 1:30 ROBERT SOEHL 3:00 BINGO *TAI CHI CONNECTIONS*</p>	<p>7) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 ARTS & CRAFTS 1:30 STEPHANIE DECREVECOEUR 3:00 BINGO</p>
<p>8) 9:00 Current Events 9:30 Zumbia 12:00 ARTS & CRAFTS 1:30 SPRING MOVIE 3:00 BINGO</p>	<p>9) 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 BARBARA LANCASTER 3:00 SPECIAL BINGO</p>	<p>10) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 MAD ENT. 3:00 BINGO</p>	<p>11) 9:00 Current Events 9:30 Exercise 10:00 A&C 12:30 Trivia 1:30 NANCY BUCKNER 3:00 BINGO *HUG DAY*</p>	<p>12) 9:00 Current Events 9:30 Exercise 10:00 SIGN LANGUAGE W/ BETTY/ A&C 12:30 Trivia 1:30 EDMOND GEARHART 3:00 BINGO</p>	<p>13) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 ARTS & CRAFTS 1:30 JENNIE N. FRANCO 3:00 BINGO *TAI CHI CONNECTIONS*</p>	<p>14) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 ARTS & CRAFTS 1:30 ROBERT SOEHL 3:00 BINGO</p>
<p>15) 9:00 Current Events 9:30 Exercise 12:00 ARTS & CRAFTS 1:30 COMEDY 3:00 BINGO</p>	<p>16) 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 MAD ENT. 3:00 SPECIAL BINGO *SMILE DAY*</p>	<p>17) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 JOHN HARBIN 3:00 BINGO</p>	<p>18) 9:00 Current Events 9:30 Exercise 10:00 A&C 12:30 Trivia 1:30 WILLIAM BAILEY 3:00 BINGO</p>	<p>19) 9:00 Current Events 9:30 Exercise 10:00 SIGN LANGUAGE W/ BETTY/ A&C 12:30 Trivia 1:30 EDMOND GEARHART 3:00 BINGO</p>	<p>20) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 ARTS & CRAFTS 1:30 ROBERT SOEHL 3:00 BINGO *TAI CHI CONNECTIONS*</p>	<p>21) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 ARTS & CRAFTS 1:30 STEPHANIE DECREVECOEUR 3:00 BINGO</p>
<p>22) 9:00 Current Events 9:30 SHEILA JONES 12:00 ARTS & CRAFTS 1:30 SPRING 3:00 BINGO</p>	<p>23) 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 NANCY BUCKNER 3:00 SPECIAL BINGO</p>	<p>24) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 BARBARA LANCASTER 3:00 BINGO</p>	<p>25) 9:00 Current Events 9:30 Exercise 10:00 A&C 12:30 Trivia 1:30 WILLIAM BAILEY 3:00 BINGO</p>	<p>26) 9:00 Current Events 9:30 Exercise 10:00 SIGN LANGUAGE W/ BETTY/ A&C 12:30 Trivia 1:30 EDMOND GEARHART 3:00 BINGO</p>	<p>27) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 ARTS & CRAFTS 1:30 ROBERT SOEHL 3:00 BINGO *TAI CHI CONNECTIONS*</p>	<p>28) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 ARTS & CRAFTS 1:30 JENNIE N. FRANCO 3:00 BINGO</p>
<p>29) 9:00 Current Events 9:30 Exercise 12:00 ARTS & CRAFTS 1:30 MYSTERY 3:00 BINGO</p>	<p>30) 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 MAD ENT. 3:00 SPECIAL BINGO</p>				<p>HAPPY BIRTHDAY</p> <p>Tabitha C. 4/3 Marcelina M. 4/6 Martez E. 4/8 Brent P. 4/10 David G. 4/12</p>	<p>Samuel W. 4/14 Tabitha A. 4/24</p> 

**Attention: Cooks, Chefs,
Food Enthusiasts!**



Seniors, Caregivers, Family and Friends!

Please Submit Your Recipes!

We will publish one each month with our newsletter!

In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Marisela or Dee Dee, at the Adult Day Care Center.

You may also email it to admissions@nevadaseniorservices.org.



Adult Day Care Center of Las Vegas

901 N. Jones Boulevard, Las Vegas, NV 89108 Phone: (702) 648-3425 Fax: (702) 648-1408

Adult Day Care Center of Henderson

1201 Nevada State Drive, Henderson, NV 89002 Phone: (702) 368-CARE (2273) Fax: (702) 243-CARE (2273)

Recipe of the Month

Submitted by: Larconya H. (Age: 60)



Iceberg Salad with Italian Dressing

Ingredients:

- ½ cup olive oil
- 5 Tbsp. white wine vinegar
- 1 Tbsp. mayonnaise
- 1 Tbsp. sugar
- 1 ½ tsp. dried oregano
- 1 garlic clove, finely grated Kosher salt, freshly ground pepper
- 1 small head of iceberg lettuce
- ½ small red onion, sliced into rings
- 2 oz. provolone picante cheese, thinly sliced
- 2 cup drained small mozzarella balls, torn
- 10 peperoncini, halved if large

Directions:

•Whisk oil, vinegar, mayonnaise, sugar, oregano, and garlic in a small bowl. Season with salt and pepper. Cut lettuce in half through stem end. Tear apart into large pieces. Arrange on a platter and scatter onion, provolone, mozzarella, and pepperoncini over, nestling in among leaves. Drizzle with dressing to coat to your liking.

Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



A Community Program Promoting Health and Providing Convenience for Mature Adults



Why Do Older Adults Need a Geriatric Assessment?

Many illnesses that commonly affect older adults are manageable with a change in lifestyle, medications, modifications in diet, exercise and other daily living behaviors. Through the Nevada Senior Services' team approach, Southern Nevada's finest board certified Geriatricians, individuals and their families work together to improve and maintain the highest quality of life for men and women in our community.

- Physician referrals are not required •

COMPREHENSIVE GERIATRIC ASSESSMENT

- Fall Prevention
- Memory Loss
- Assess Mobility
- Current and Past Illnesses
- Depression & Emotional Health
- Impaired Vision or Hearing
- Nutritional Concerns
- Medication Review
- Living Environment Function
- Caregiver Network and Services
- Functionality Measure
- Rehabilitation Status
- Recent or Impending Life Changes
- Incontinence Issues
- Sleep Difficulties
- Final reports sent to your Primary Care Physician

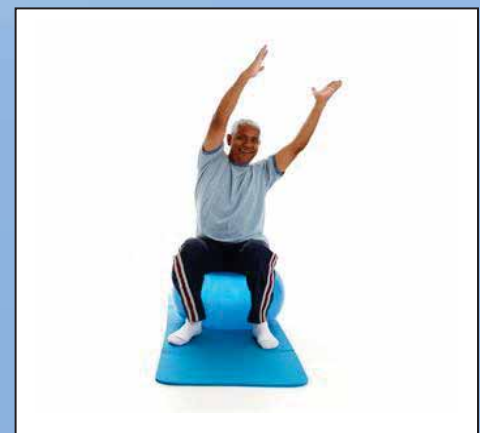
WELL-VISIT HEALTH SCREENINGS

Annual and biannual recertification for medical programs

- Geriatric Wellness Physical Exam
- Completion of Medicaid Forms
- Health Services Referrals
- Medication Review
- Final Reports Sent to Your Primary Care Physician

***Both Programs are covered by Medicare & Medicaid with No Additional Cost to Consumers!**

This program is made possible by a generous grant from the Nevada Aging and Disability Services Division



CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108

Nevada Senior Services

Care Consultation

Caregiver Phone
Support



Call today:

Celeste Graham

Lead Care Consultant

(702) 333-1556

or

(702)364-2273

What is Care Consultation?

A FREE phone based program offering services, empowerment and support for caregivers & individuals living with health challenges

Care Consultation provides:

- Personalized coaching
- Help coping with care-related concerns
- Planning for the future
- On-going support
- Convenience—connect with your Care Consultant over the phone



Nevada Senior Services, Inc.

901 N. Jones Boulevard

Las Vegas, NV 89108

Phone (702) 648-3425

Fax (702) 648-1408

BRI Care Consultation™ is a licensed product of the Benjamin Rose Institute on Aging.
Care Consultation is made available through the support of NV Aging & Disability Services Division

*Are you, or someone you know,
experiencing changes in memory?*

Cognitive stimulation and activities can help...

Connections is a program specifically designed for people with Moderate Cognitive Impairment, Alzheimer's disease, or other memory related disorders. If you are concerned about changes in memory, or have been recently diagnosed, please call us. Join others who are experiencing similar changes and learn new tools to help you live with memory loss.

Program Benefits:

- Improved mental fitness/memory retraining
- Physical & mental stimulation
- Develop living skills for memory loss
- Support services & resources
- Safe, secure environment
- Opportunities for socialization & recreation



Please call (702) 648-3425

This program has a nominal session charge and financial assistance is available to qualified applicants. **Connections** is supported by Nevada Senior Services and a generous grant from the State of Nevada Aging and Disability Services Division.

CONNECTIONS

A Program for People Experiencing Progressive Memory Loss and Their Loved Ones

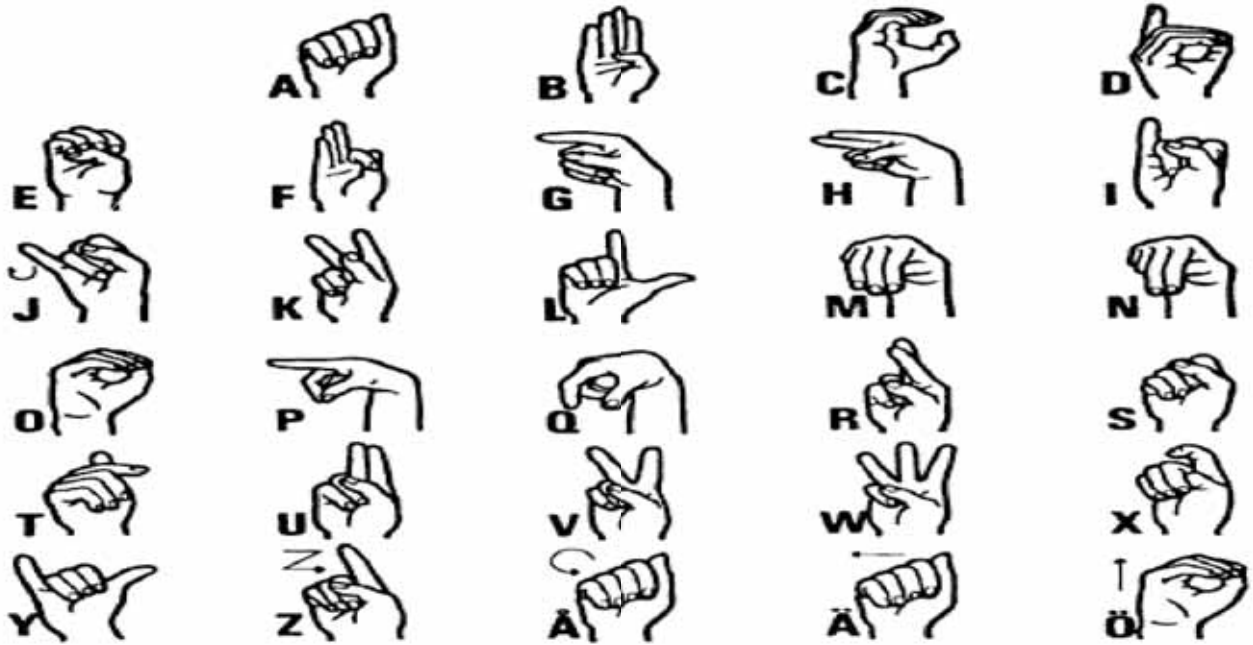
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Adult Day Care Center
of Henderson
1201 Nevada State Drive
Henderson, NV 89002

AMERICAN SIGN LANGUAGE IS HERE!!



COME JOIN OUR

(ASL) AMERICAN SIGN

LANGUAGE CLASS

WITH BETTY

EVERY THURSDAY AT 10:00 AM

-ADULT DAY CARE STAFF

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Attention: Caregivers



The Adult Day Care Center of Las Vegas
is OPEN ALL Holidays

EXCEPT

Thanksgiving and Christmas Day!

Please call [Marisela](#), [Brittney](#), [Corina](#) or [DeeDee](#)
in advance to make a reservation for holiday
attendance. 702.648.3425

Mark your calendars!

DANCE IS HERE! DANCE IS HERE!

DANCE IS HERE !!!



It's going to be a
FUN & exciting
season at the Adult
Day Care Center's
Creative Dance

Featuring:
Margaret Rampey, Dance
and Pilates instructor at
Nevada Ballet Theatre and
Cirque du Soliel on
Tuesdays!

Everyone is Welcome!

NOW Every
Tuesday & Friday

Adult Day Care Center of Las Vegas
901 N. Jones, Las Vegas, Nevada 89108
702.648.3425 www.nevadaseniorservices.org





RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION

**Seniors having difficulty with walking or balance?
Not feeling safe from falls in your home?**



Affordable Solutions for Home Modifications for Safety & Independence

- ◆ GRAB BARS IN BATHROOMS
- ◆ HANDHELD SHOWERS
- ◆ ADAPTABLE FAUCETS
- ◆ WALK IN SHOWERS
- ◆ HANDRAILS FOR STAIRS
- ◆ ADJUSTMENTS TO CABINETS
- ◆ RAMPS

FREE SERVICES AVAILABLE for seniors who are financially and physically eligible

(702) 648-3425

www.rampnv.org

Division of Nevada Senior Services

The RAMP Program is made possible through a grant from the Nevada Aging and Disability Services Division

REACH Out ...



HELP is in REACH



Nevada Senior Services

was recently named as a grant recipient from the Rosalynn Carter Institute for Caregiving (RCI) at Georgia Southwestern State University for the RCI REACH (Resources for Enhancing Alzheimer Caregiver Health) Program.

New FREE Program starting Feb 2013

CARING FOR A LOVED ONE
WITH ALZHEIMER'S DISEASE
OR DEMENTIA?

**Call Nevada Senior Services
(702) 648-3425 for information**

RCI REACH is made possible through support from:

Johnson & Johnson





SNAP

Helping people put healthy food on the table.

You may be able to get SNAP benefits if you are:

- Working for low wages
- Working part-time
- Unemployed
- Receiving other public assistance
- Elderly
- Disabled
- Homeless

SNAP MAXIMUM GROSS MONTHLY INCOME REQUIREMENTS

1 person household	\$1806
2 person household	\$2430
3 person household	\$3052
4 person household	\$3676
5 person household	\$4300
6 person household	\$4922

Tough times require new solutions

Items to bring with you, if applicable:

- Picture Id
- Alien Registration Card
- Social Security Card for all family members
- Last 3 current pay check stubs
- If employment ended in the last 90 days verification of the job ending
- Social Security award letter or pension letter
- Child support (print out if currently paying or receiving)
- Current bank statement
- Letter from any source of income of friends or family assisting you by paying bills or giving money
- Residency verification (lease agreement, rent receipt and utility bill)

A monthly calendar of outreach sites is available at: www.threesquare.org or call Three Square for assistance. (702) 644-3663

To apply contact our SNAP Outreach Advocates for a location near you.

Claudia Baltrons (702) 280-0504
 Elizabeth Guillen (702) 343-3274
 Terry Macias (702) 539-1070
 Cecilia Ortiz (702) 539-2564

Three Square program is partially funded through NV State Division of Welfare and Supportive Services (DWSS). SNAP Advocates are certified by DWSS. All services are free.

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SUPER SUNDAYS!



JUST A REMINDER:

**THE ADULT DAYCARE CENTER OF LAS VEGAS
WILL BE OPEN EVERY **SUNDAY!!****

OUR HOURS WILL BE 8:00AM – 6:00PM.

YOU WON'T WANT TO MISS OUT!

SO PLEASE **RESERVE YOUR SPOT TODAY WITH
MARISELA, BRITTNEY, MARISSA OR DEE DEE!!**

~Thank You,
Adult Day Care Center of Las Vegas Staff