

**LUNCH MENU
SUNDAY**

MONDAY

**ADULT DAY CARE CENTER OF LAS VEGAS
TUESDAY WEDNESDAY THURSDAY**

**SEPTEMBER 2017
FRIDAY SATURDAY**



1)
Cucumber Salad
Chicken Breast on a bun w/ Lettuce & Tomato
Potato Fries
Peach Cobbler

2)
Broccoli Soup
Turkey & Cheese Sub Sandwich w/ Lettuce & Tomato
Multigrain Chips
Yogurt w/ fruit

3)
Spinach Salad
Smothered Chicken
Steamed Rice
Mixed Vegetable
Strawberries w/ Cream

4)
Green Salad
Meatloaf
Mashed Potatoes
Veggies
Glazed Apples

COOKIE DAY

5)
Turkey Noodle Soup
Asian Chicken Salad w/ Water
Chestnuts
Stir-Fry Green Beans
Honey Dew Melon

6)
Chicken Veggie Soup
Spinach Salad
Roasted Turkey Stuffing w/ Gravy
Green Beans
Bananas

7)
Veggie Soup
Tuna on a Bed of Lettuce, Cucumber & Tomato
Strawberries & Cream

8)
BBQ Chicken
Wings
Cheese Pizza
House Salad
Sliced Cinnamon Apples

Football Tailgate Party!!!

9)
Green Salad
Chicken Fingers
Sweet Potato Fries
Broccoli Spears
Orange Slices

10)
Green Salad
Turkey Chili Bowl
Corn Bread
Muffins
Veggies
Sliced Oranges

11)
Tomato Soup
Grilled Turkey & Cheese Sandwich
Corn Chips
Cinnamon Apples

12)
Spinach Salad
Baked Chicken
Rice Pilaf
Steamed Broccoli
Yogurt w/ fruit

13)
Chicken Veggie Soup
Beefy Sloppy Joes w/ Cheese on a bun
Tater Tots
Sliced Pears
LEMONADE DAY

14)
Veggie Mex Soup
Soft Chicken
Tacos w/ lettuce & Tomato & Pinto Beans
Spanish Rice
Orange slices

15)
Green Salad
Chicken Fingers
Sweet Potatoes
Yellow/Green Squash
Bananas

16)
Veggie Soup
Taco Burger w/ Cheese, Lettuce & Tomato
Corn Chips
Sliced Pineapples

17)
Vegetable Soup
Chicken Fajita w/ Flour Tortilla
Spinach Rice
Pinto Beans
Cantaloupe

18)
Broccoli Soup
Green Salad
Baked Fish
Lemon Herb Rice
Green Beans
Honey Dew Melon

19)
Green Salad
Beef Spaghetti
Sauce over Angel Hair Pasta
Green Beans
Orange Slices

POPSICLE DAY

20)
Veggie Soup
Cucumber Salad
Vegas Bar-B-Q
Chicken
Potato Salad
Cantaloupe

21)
Green Salad
Beef Stew
Corn Bread
Sliced Cinnamon Apples

22)
Beef Veggie Soup
Green Salad
Swedish Meatballs over brown rice
Broccoli
Sliced Pears

23)
Beef Veggie Soup
Tuna Salad
Sandwich w/ lettuce & tomato
Potato Chips
Orange Slices

24)
Chicken Noodle Soup
Salisbury Steak
Mashed Potatoes
Gravy
Mixed Veggie
Cantaloupe

25)
3 Bean Salad
Cheeseburger w/ Lettuce & Tomato
Zucchini Fries
Pineapple Slices

26)
Chicken Veggie Soup
Beefy Sloppy Joes w/ Cheese on a bun
Tater Tots
Sliced Pears

27)
Beef Veggie Soup
Turkey Sub Sandwich w/ Cheese, Lettuce & Tomato
Muti-Grain Chips
Sliced Apples

BIRTHDAY CAKE

28)
Chicken Veggie Soup
Fish Filet Burgers w/ lettuce & Tomatoes
French Fries
Orange slices

29)
Green Salad
Turkey Ala King
Flat Bread
Veggies
Sliced Pears

GREEN TEA DAY

30)
Cream Veggie Soup
Cheeseburger
Lettuce & Tomato
Zucchini Fries
Pineapple Slices

*Milk is offered at Breakfast and Lunch.