

LUNCH MENU

ADULT DAY CARE CENTER OF LAS VEGAS

JANUARY 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1)
Tomato Soup
Creamy Turkey
Alfredo w/ noodles
Broccoli Spears
Apricots

New Year's Day

2)
Veggie Soup
Meat Loaf
Flat Noodles
Peas and Carrots
Sliced Pears

3)
Broccoli Soup
Chicken Salad
Sandwich
3 Bean Salad
Orange Slices

4)
Veggie Soup
Cheese Pizza
Cucumber Salad
Apple Slices

5)
Green Salad
Turkey Chili w/
Beans
Corn Bread
Yogurt w/Granola
APPLE CRISP

6)
Tomato Veggie
Soup
Chicken Fajita w/
Bell Pepper /
Lettuce/ Tomato
Tortilla
Black Beans
Mixed Fruit

7)
Multi Bean Soup
Tuna Salad
Sandwich on wheat
bread
Broccoli Spears
Sliced Apples

8)
Chicken Veggie
Soup
Beefy Baked
Lasagna
Spinach Salad
Orange Slices

9)
Corn Chowder
Chicken Strips
French Fries
Broccoli Spears
Baked Apples

10)
Beef Veggie Soup
Turkey Sub
Sandwich
Baked Potato Chips
Pineapple Slices

11)
Chicken Veggie
Soup
Smothered
Meatballs over a
bed of rice
Yellow/Green
Squash
Glazed Pears
***Lemon Tea Day ***

12)
Veggie Soup
Beef Stew w/
Chunky Veggies
Flat Bread
Cinnamon Apples

13)
Clam Chowder
Fish 'N' Chip
Cabbage Slaw
Roll / Cracker
Lemon Wedge
Pears

14)
Veggie Soup
Baked Orange
Chicken
Roasted Broccoli
Spears
Steamed Rice
Apricots

15)
Tomato Soup
Grilled Turkey &
Cheese Sandwich
Zucchini Spears
Baked Apples

16)
Cream of Veggie
Soup
Philly Steak
Sandwich
Baked French Fries
Sliced Pineapples
POPCORN DAY

17)
Broccoli Soup
Cheeseburger w/
lettuce and tomato
Baked zucchini Fries
Sliced Oranges

18)
Beefy Chili w/
Beans
Corn Bread
Green Salad
Peaches

19)
Chicken Veggie
Soup
Grilled Cheese
Potato salad
Sliced Apples

20)
Creamy Tomato
Soup
Baked Chicken
Mushroom Sauce
Brown Rice
Broccoli
Strawberries

21)
Veggie Soup
Spaghetti w/ Meat
Sauce
Garlic Bread
Green Beans
Peaches
NATIONAL PIE DAY

22)
Multi Bean Soup
Chicken Sandwich
on bun w/ lettuce
and tomato
Multi- Gran Chips
Pears

23)
Broccoli Soup
Baked Fish
Steamed Rice
Peas and Carrots
Orange Slices

BIRTHDAY CAKE

24)
Chicken Veggie
Soup
Beef Stroganoff w/
Egg Noodles
Green Beans
Glazed Pears

25)
Veggie Soup
Chicken Pot Pie
Green Salad
Blueberries with
Cream

26)
Green Salad
Beef Stew w/
Chunky Veggies
Flat Bread
Cinnamon Apples

27)
Corn Chowder
Lemon Garlic
Tilapia
Brown Rice
Roasted Veggies
Melon

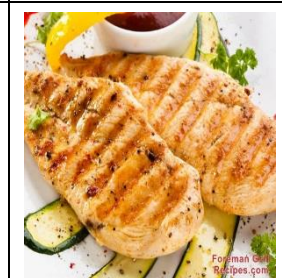
28)
Chicken Noodle
Soup
Grilled
Cheeseburger w/
lettuce & tomato
Baked Potato Fries
Pineapple Slices

29)
Turkey Rice Soup
Lemon Herb Baked
Chicken
Peas & Carrots
Orange Slices

HOT COCOA DAY

30)
Beef Barley Soup
French Dip
Sandwich
Au Jus
Potato Salad
Broccoli
Sliced Pears

31)
Veggie Soup
Roasted Chicken
Steamed Rice
Green Beans
Cinnamon Apples



***Milk is offered at Breakfast and Lunch.**